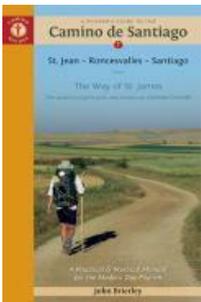


**The Day Was Made for Walking : an Aussie's Search for Meaning on the Camino de Santiago / Noel Braun (Non-Fiction)**

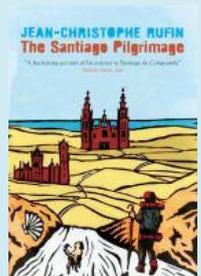
Noel Braun yearns to walk the Camino. Since the suicide of Maris, his beloved wife of forty-two years, he has struggled to find himself. But is it pure madness? He's an old bloke. At seventy-seven-years, he should be sensible, act his age and relax in a rocking chair. Can his body and spirit withstand the demands? Can he leave family and friends behind? Noel believes this is a journey he MUST undertake. It's a compulsion, a spiritual quest of self-discovery, an urgent need to commune with the world around and beyond him. When Noel begins his journey, he discovers it's not just the rigorous demands of the physical world he must answer. The territory of the heart and soul has its own challenges, which have him searching for spiritual and emotional insights. His travels are interwoven with accounts of the many engaging characters he meets. In time he realises he himself is one of the Camino's characters. The Day Was Made for Walking merges the spiritual with the physical, the ancient with the contemporary. It is a memoir, but also a glimpse into history and a travel guide.

Sequel - **I guess I'll just keep on walking : continuing the search for meaning**



**A pilgrim's guide to the Camino de Santiago / John Brierley. (Non-Fiction)**

This comprehensive guidebook to the Camino de Santiago and its offshoots contains all the information needed by modern-day pilgrims wishing to walk the sacred Way of St. James. All reference information is accompanied by helpful spiritual guidelines to support the seeker's inner journey as well as the outer pilgrimage.



**The Santiago pilgrimage : walking the immortal way / Jean-Christophe Rufin (Non-Fiction)**

"Whenever I was asked: 'Why did you go to Santiago?', I had a hard time answering. How could I explain to those who had not done it that the way has the effect - if not the virtue - to make you forget all reasons that led you to become involved in it in the first place." Each year, tens of thousands of backpackers (Christian pilgrims and many others) set out from either their front doorstep or from popular starting points across Europe, to Santiago de Compostela. Most travel by foot, others ride a bicycle, and a few of them travel as did some of their medieval counterparts, on horseback or with a donkey. In addition to those who undertake a religious pilgrimage, the majority are hikers who walk the way for non-religious reasons: travel, sport, or simply the challenge of spending weeks walking in a foreign land. Also, many consider the experience as a spiritual adventure, with a view to removing themselves from the bustle of modern life. Jean-Christophe Rufin followed this "Northern Way" to Santiago de Compostela by foot, on over eight hundred kilometers. Much less crowded than the usual pilgrimage route, this one runs along the Basque and Cantabrian coasts in Spain and through the wild mountains of Asturias and Galicia.



**Two steps forward / Graeme Simsion & Anne Buist (Fiction)**

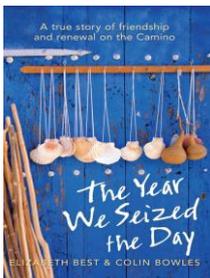
Zoe, a sometime artist, is from California. Martin, an engineer, is from Yorkshire. Both have ended up in picturesque Cluny, in central France. Both are struggling to come to terms with their recent past-for Zoe, the death of her husband; for Martin, a messy divorce. Looking to make a new start, each sets out alone to walk two thousand kilometres from Cluny to Santiago, in northwestern Spain, in the footsteps of pilgrims who have walked the Camino-the Way-for centuries. The Camino changes you, it's said. It's a chance to find a new version of yourself. But can these two very different people find each other? In this smart, funny and romantic journey, Martin's and Zoe's stories are told in alternating chapters by husband-and-wife team Graeme Simsion and Anne Buist.

**Walking home : a pilgrimage from humbled to healed along the Camino de Santiago / Sonia Choquette (Non-Fiction)**



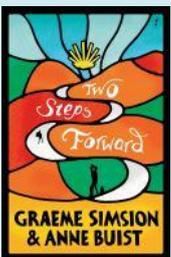
Life was falling apart. Within the space of three years, Sonia Choquette had suffered the unexpected death of two close family members, seen her marriage implode and been let down by trusted colleagues. In order to regain her spiritual footing, Sonia turned to the age-old practice of pilgrimage and set out to walk the legendary Camino de Santiago, an 820-kilometre trek over the Pyrenees and across northern Spain. Eventually, mortification of the flesh gave way to spiritual renewal, and she rediscovered the gifts of humility and forgiveness that she needed to repair her world. Sonia shares the intimate details of her gruelling experience, as well as the unexpected moments of grace, humour, beauty and companionship that supported her through her darkest hours. While her journey is unique, the lessons she learned about honouring your relationships with others as well as with your own higher self, and forgiving all else are universal.

**The Year We Seized the Day : A True Story of Friendship and Renewal on the Camino / Elizabeth Best [eBook]**



The utterly compelling and inspirational account of how two very different Australian writers tackle their demons walking the Camino de Santiago de Compostela, the legendary medieval pilgrimage across Spain. Two writers, barely acquainted, decide - pretty much on the spur of the moment - to seize the day and go on an 800-kilometre hike along the ancient Camino de Santiago pilgrim trail. With its history and legends of Templar Knights, Holy Grails and bandits, there's bound to be a book in it! But what happens when two vastly different people find themselves confronting their pasts - and each other - beneath the stark glare of mid-summer heat-waves? Bound by a promise and fuelled by lashings of local vino, what might have been a travelogue soon becomes an epic tale of tragedy, triumph and fierce loyalty as a scenic walk through mystic lands gives rise to far greater personal journeys. Set amidst the olive groves, rolling hills, castles and cathedrals of Northern Spain; and featuring a supporting cast of eccentrics - from mad monks to angry nuns, lycra-clad cyclists, international soul seekers and boisterous boy scouts. **Access this eBook for free at [epukapuka.com](http://epukapuka.com)**

**Sinning across Spain : a walker's journey from Granada to Galicia / Ailsa Piper (Non-Fiction)**



Pilgrim seeks sinners for mutually beneficial arrangement. Seven Deadlies a specialty. With these words Ailsa Piper's journey begins. Less than a month later she finds herself hiking through olive groves and under translucent pink blossoms, making her way from the legendary city of Granada, towards the cliffs at Finisterre in the far north-west of Spain. On her back she carries an unusual cargo a load of sins. In the tradition of medieval believers who paid others to carry their sins to holy places, and so buy forgiveness, Ailsa's friends and colleagues donated sins in order to fund her quest. She's received anger and envy, pride and lust, among many. Through glorious villages and inspiring landscapes, miracles find her. Matrons stuff gifts of homemade sausages into her pack. Angels in both name and nature ease her path. Sins find her too. Those in her pack and many others tempt her throughout her journey. And she falls in love: with kindness, with strangers, and with Spain. Sinning Across Spain celebrates the mysteries of faith, the possibilities for connection, and the simple act of setting down one foot after the other.

**Life in a walk [DVD]**

Yogi Roth never wanted to say 'I wish I'd spent more time with my Dad.' After realizing he had not dealt with the emotion stemming from his father's battle with prostate cancer, Yogi invites his Dad on a walk along the Camino de Santiago that would change their lives forever.

**Looking for infinity : El Camino [DVD] / a film by Aaron C. Leaman**

In the average year 200,000 pilgrims follow the 500 mile route known as the El Camino from Saint-Jean-Pied-de-Port, France to Santiago de Compostea, Spain, with some continuing to Finisterre, Spain. This movie features interviews with a cross-section of pilgrims hiking the trail who explain their reasons for making the journey as well as some of the many sights along the way.

**Pilgrimage with Simon Reeve [DVD]**

For centuries pilgrimage was one of the greatest adventures on earth, involving epic journeys across the country and around the world. This series sees Simon Reeve retrace the exciting adventures of our ancestors. He learns about the forgotten aspects of pilgrimage, including the vice, thrills and dangers, that all awaited travellers. He explores the faith, the hopes, desires, and even the food that helped to keep medieval Britons and more recent travellers on the road. Simon journeys first from northern England to Canterbury. Then across France and northern Spain, before he treks high into the mighty Alps on his way to Rome. Finally he heads east to glorious Istanbul, Turkey, then on to the Holy Land and his final destination, Jerusalem.

**Walking the Camino: six ways to Santiago [DVD]**

Walking the Camino captures the trials and tribulations of six modern-day adventurers equipped with only a backpack, a pair of boots, and an open mind on the epic 500-mile pilgrimage along Spain's 1200 year-old Camino de Santiago. A journey renowned for its enlightening, spiritually nourishing, and physically challenging rewards, the six pilgrims must learn to cope with blisters, exhaustion, loneliness, and self-doubt in order to triumph over the fears and prejudices that have become roadblocks in their own lives. Transcending corporeal concerns and celebrating the 'hero within', Walking the Camino is a captivating insight into the human condition and explores what motivates people to step up and do extraordinary things.

**The way [DVD ]**

Tom goes to St. Jean Pied de Port, France, to collect the remains of his adult son, who was killed in the Pyrenees in a storm while walking the Camino de Santiago. Rather than return home, Tom decides to embark on the historical pilgrimage to honor his son's desire to finish the journey. What Tom doesn't plan on is the profound impact the journey will have on him as he begins to learn the difference between the life one lives and the life one chooses.

Other titles to try (including The Camino de Santiago) – Non-fiction

Along the Way : the journey of a father and son / Martin Sheen and Emilio Estevez

Great adventures : experience the world at its breathtaking best / [written by Andrew Bain ... [et al.]]

Inspired Traveller's Guide : Spiritual places / Sarah Baxter